Warren County Public Schools
210 North Commerce Avenue
Front Royal, Virginia 22630-4419
Phone (540) 635-2171
Fax (540) 636-4195
www.wcps.k12.va.us

OFFICE OF THE
SUPERINTENDENT

May 22, 2022

Dear Families Participating in the Warren County Public Schools Feeding Program:

We have been informed that a person associated with the student feeding program tested positive for COVID-19 (Novel Coronavirus Disease 2019) on Thursday, May 21, 2020. The person was showing no signs or symptoms while working. We have cleaned and sanitized the food service area and will continue to follow all CDC guidelines. We continue to work with the Virginia Department of Health and the Lord Fairfax Health District to ensure the health and safety of our community.

Although there was a confirmed case of COVID-19 detected, the overall risk of exposure to students and families participating in the feeding program is <u>low</u>. In consideration of personal privacy, we are unable to provide any more detailed information. Our local health department has already contacted all individuals that may have been exposed.

The COVID-19 virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. Risk of infection from the virus that causes COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members.

We encourage anyone concerned that they have symptoms of the virus to consult with their healthcare provider and to stay home and away from other people until you can see your physician. Symptoms of COVID-19 include fever, cough, and sore throat. Some people may experience all of these symptoms, and some people may only experience one or two symptoms.

Take these steps to monitor your health and prevent the spread of COVID-19:
1. Avoid close contact (about 6 feet or 2 meters) with people who are sick or people who are at a higher risk of developing severe disease (e.g., older adults and people who have severe chronic medical conditions.
2. Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
3. Avoid touching your eyes, nose, and mouth.
4. Stay home if you feel sick.
    a. Separate yourself from other people and animals in your home. As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.
    b. If you are sick, you should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office.

c. Call ahead before visiting your doctor. This will help the healthcare provider's office take important steps to keep other people from getting infected or exposed.
   d. If you have a medical emergency, call 911 and tell the operator about your recent possible COVID-19 exposure.
5. Cover your coughs or sneezes with a tissue, then throw the tissue in the trash
6. Clean and disinfect frequently touched objects and surfaces (e.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household cleaning spray or wipe.

Please contact your local health department at (540) 635-3159 if you have questions or need additional information. You can also find additional information on the Centers for Disease Control and Prevention's website at https://www.cdc.gov/coronavirus/2019-ncov/index.html or the Virginia Department of Health's website at http://www.vdh.virginia.gov/coronavirus/.

Sincerely,

Melody Sheppard
Interim Superintendent